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Stanford StEMS EMT’s Swift Action Saves a Life Using Narcan

Stanford, CA - An incident unfolded near a Stanford University volleyball court when a male subject experienced a sudden cardiac event. Thanks to the quick and decisive action of a Stanford StEMS volunteer, a life was saved using Narcan.

An off-duty member of the Stanford Emergency Medical Services (StEMS) team was flagged down when the medical emergency occurred. A 32-year-old male was seen collapsing near a volleyball court located at Manzanita Field off Jane Stanford Way. The StEMS member was flagged down by another subject attempting to call 911. Reacting swiftly and with a deep sense of professionalism, the StEMS member administered Narcan to the male subject. The StEMS member’s calm demeanor and expert knowledge played a pivotal role in stabilizing the patient until further medical assistance arrived. The patient is not affiliated with Stanford University, and was passing through campus after being recently released from the hospital.

Narcan, also known as naloxone, is a medication renowned for its ability to rapidly counteract the effects of opioid overdose.

"The rapid response and effective use of Narcan exemplify the exceptional dedication and training that Stanford StEMS volunteers bring to the community," said Captain Chris Cohendet, Stanford Department of Public Safety. "Their actions remind us of the critical role that first responders play in ensuring the well-being of individuals in times of crisis."
Their selfless act underscores the importance of not only having skilled medical personnel on hand, but also their ability to adapt and utilize their training in unexpected situations, even when off-duty. Their well-rounded expertise positions them to respond appropriately to a diverse range of medical incidents.

StEMS is a unique group of Emergency Medical Technicians who are from a variety of Stanford backgrounds, include undergraduates and graduates, supported by faculty and staff. They provide non-transport (standby) medical service to the students, faculty, and community at campus events and, if necessary, collaborate with Advanced Life Support for transport.

This incident serves as an inspiring example of this commitment, showcasing the real-world impact that individuals can make through their knowledge, training, and dedication.

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